

**ST. DAVID'S UNITED
CHURCH
SUNDAY, AUGUST 26, 2018
"Be Still and Know"**



Growing and Deepening our Spiritual Lives in an Affirming and
Inclusive community
WELCOME TO ST. DAVID'S UNITED CHURCH

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Sunday, August 26, 2018
Presiding: Peggy McDonagh

We gather as a Christ-infused Community of Faith

Welcome to worship today. Please feel free to sit quietly or to join in as you feel most comfortable. Our worship service will be crafted around the contemplative worship style of reflection and meditation and offers an opportunity to be silent and center on the Creator, Shaper, and Sustainer of life, through prayers, readings, silence, and music.

Silence is an important aspect of this practice. Silence is about holding oneself in the present moment and letting the Christ spirit, pray in and through us. You are invited to share in a contemplative spirit and to let yourself be embraced, renewed and refreshed.

Regardless of your age, stage, gender, sexual identity, or how great or small you feel your faith is we each bring something of ourselves to this place. Come as you are -- and be.

Prior to the service the Creation and Affirming candles were lit to affirm that all humanity and creation must be respected and valued. The Treaty 7/Metis Region 3 candle was lit to show respect for the land and to affirm our continued commitment to live into right relations with our indigenous brothers and sisters.

PRELUDE *Sonata in D minor* **A. Scarlatti**
Largo-Allegretto-Largo-A tempo giusto

NEWS OF THE COMMUNITY AND GREETING

LIGHTING THE CHRIST CANDLE

O Christ Light within, around, and beyond, may your bright flame be before us, a guiding star above us, and a smooth path beneath us.

INVITATION TO WORSHIP

This is a morning for renewal of heart, mind and spirit. Close your eyes. Be still. Listen. We are entering a holy time. This is the sacred center of our faith—the truth made manifest in Jesus — that God is in each one of us, quietly transforming us and the world. Together we participate in the mystery of ourselves and of God who is within, among and beyond.

We invite the fresh beginnings of this day to embrace us as we stop for this midmorning pause.

We invite our hearts and spirits to be lucid, attentive, and open to all that will be.

So, come away from your exterior life and dwell in your interior life shaped by the present beauty of God, source and ground of our being.

HYMN Christ Be Beside Me (Tune VU #409)
(words adapted from 'St. Patrick's Breastplate' (8th Century) by
J. Quinn, S.J.)

Christ be beside me,
Christ be before me,
Christ be behind me,
King of my heart.
Christ be within me,
Christ be below me,
Christ be above me, never to part.

Christ on my right hand,
Christ on my left hand,
Christ all around me,
shield of the strife.
Christ be the vision
in eyes that see me,
In ears that hear me, Christ ever be.

GATHERING PRAYER

Let us take a moment to settle into the silence.

Hear and feel your quiet breathing.

Hear and feel the quiet presence of this community of people.

Spirit of the morning breathe into my temple.

Spirit of the morning breathe into my temple.

Refresh my mind. Renew my heart.

Refresh my mind. Renew my heart.

Spirit of the morning. Give me courage!

Spirit of the morning. Give me courage!

Spirit of the morning. Give me strength!

Spirit of the morning. Give me strength!

Spirit of the morning, refresh us, renew me.

Spirit of the morning refresh new me.

INVITATION TO OFFER OUR GIFTS

OFFERTORY

Sonata in C Major

A. Scarlatti

III-Amoroso IV-Presto

RECEPTION OF OFFERING AND DEDICATION PRAYER

God of our being, we give thanks for that the life given us.

You are creating and restoring us every moment and blessing us with more than we can ever name or ever repay. We offer to you, God of our heart, these tokens of love and gratitude along with our time, talents, and faithfulness. Use these and us as you will for we are yours. Amen.

Let us embrace the wisdom of God through sacred reading, listening, music, silence and oneness with each other and all life

MUSICAL INTERLUDE

PSALM READING Psalm 46 with refrain

VU #770

MEDITATION ON THE PSALM *Taking Refuge*

HYMN Come and Find the Quiet Centre vs. 1 VU #374

Come and find the quiet centre
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.

READING Ephesians: 1:15-18 Prayer for spiritual wisdom

MEDITATION: *The Value of You*

AFFIRMATION OF SELF

Creator, when I am fully aware of my value and worth

I can centre myself at will

I am familiar with a place of peace and empowerment inside

I am not divided against myself by inner conflicts

I can transcend local disturbances and remain unaffected by them

I see the world from an expanded perspective

My inner world is organized.

Adapted from "Reinventing the Body, Resurrecting the Soul"

HYMN Come and Find the Quiet Centre vs. 2

Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, face to face,
making space within our thinking,
lifting shades to show the sun,
raising courage when we're shrinking,
finding scope for faith begun.

PRAYER

**Creating Oneness, sacred is the pause that draws us
into stillness. Nourishing are the moments when we**

there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!

PRAYERS OF INTERCESSION AND CHANT

VU #411

O God we call, O God we call,
from deep inside we yearn,
from deep inside we yearn,
from deep inside we yearn for you.

RETRANSLATION (FROM THE ARAMAIC) The Jesus Prayer
O Breathing Life, your Name shines everywhere!
Release a space to plant your Presence here.
Imagine your possibilities now.
Embody your desire in every light and form.
Grow through us this moment's bread and wisdom.
Untie the knots of failure binding us,
as we release the strands we hold of others' faults.
Help us not forget our Source,
yet free us from not being in the Present.
From you arises every Vision, Power and Song
from gathering to gathering.
May our future actions grow from here. Amen.

HYMN Bathe Me in Your Light

MV #82

Bathe me in your light, O God of All, Creator;
let it shine upon my soul with healing and with grace.
Be to me a beacon bright through shadows of life's wounding,
showing me the way to live in faith, in your embrace.

Bathe me in your love, O Source of Awe and Wonder;
help me walk the sacred path of harmony and peace.
May I be attentive to the musings of your presence,
drinking from the well of hope that brings the heart release.

Bathe me in your grace, O One of Spirit's longing;
teach me of your gentle ways that fill the soul with strength.

Guide me on the pilgrimage that leads to truth and wholeness,
Fill me with your promise of a love that knows no length.

...and are blessed.

BLESSING

SUNG BENEDICTION

VU #454

May God who creates us give us light;
May God who sustains us make us wise;
May God who protects us give us joy,
May God who surrounds us give us peace.

POSTLUDE

**GROWING AND DEEPENING OUR LIVES THROUGH
WORSHIP AND SPIRITUAL NURTURE**

September 2, 2018

Presiding Rev. Peggy McDonagh

Healing Touch Begins September 5

7:00 – 9:00 pm

WELCOME TO ST. DAVID'S UNITED CHURCH

We hope that your heart is touched, your faith inspired, and your spiritual life deepened in this gathering time and worship experience. If you are visiting for the first time please know that you are welcome, you are valued, and you enhance this sacred place by your presence.

If you wish to know more about St. David's, please fill in a "Response Card" found at the back of the Sanctuary and place it in the box or the offering plate.

Thank you for making this a scent free environment. It is a joy to have you with us today, please be welcomed and embraced. Please join us following worship in the TM room for conversation, coffee/tea and fellowship. Washrooms are opposite the front entrance and in the basement.

The Rainbow Room Nursery is available for infants to pre-school age, downstairs at the end of Robertson Hall. Easy Listener hearing devices are available from the ushers.

OFFERING ENVELOPES are available in the Voices United hymn book, at the back of the church, or from an usher. If you would like to have contribution envelopes, please contact the office. Tax receipts are issued at the end of the year for all identified donations and offerings. If you give through PAR, PAR cards are available from the ushers to be placed on the offering plate as a symbol of your offering given through PAR.

PRAYER CONCERNS The prayer chain is committed to praying for you in times of crisis for a period of 30 days. Please contact the office or one of the ministers.

FLOWERS enhance our church services each Sunday. Remember loved or joyous occasions all year with donations to the flower fund. Dedications are placed in the worship folder.

If anyone has celebrations or events they wish to have acknowledged in the worship folder or newsletter, please contact the office administrator at the church office at 403 284-2276 or admin@sduc.ca no later than Wednesday at 9:00 a.m.

**The flowers in the sanctuary today are
placed in loving memory of Greg Duker from
the Duker Family.**

PASTORAL CARE *If you have any pastoral concerns about yourself or others please contact Peggy McDonagh at the church office. If you know someone who is in long term care, in hospital or needs a visit, please contact the office.*

We need your help ... in a congregation the size of St. David's it can be difficult to know who has not been present in worship for some time. If you are aware of someone you have not seen for a while, please contact the office or contact the people and let them know that they are missed. As a congregation, we all must be aware of one another and acknowledge those absent to ensure everyone feels cared for and valued. Let us all do our part to keep connected.

THANKS TO THOSE ASSISTING WITH OUR SUNDAY WORSHIP EXPERIENCE

Greeters.....	August Sacred Service Team
Ushers	August Sacred Service Team
Counters.....	David Mitchell, Dorothy Duker
Reader.....	Bill Way
Projection.....	PSALT Team
Sunday Receptionist.....	Dorothy Duker
Guest Pianist.....	Eileen Kosasih
Special Music.....	Matt Heller
Minute Speak	ACTS

WORDS OF APPRECIATION

Thanks to Eileen Kosasih and Matt Heller for joining us in worship this morning and sharing with us their music ministry.

MINISTRY PERSONNEL

Peggy McDonagh	Minister, Congregational Operations and Worship	peggy@sduc.ca	Voice Mail #104
Chantal Winslow	Office Administrator	admin@sduc.ca	Gen Voice Mail
Brent Tucker	Music Director	music@sduc.ca	Voice Mail #106
Wayne Holst	Adult Spiritual Development Ministry	asdm@sduc.ca	Voice Mail #113
Alison Demeter	Minister of Families	children@sduc.ca	Voice Mail #109
Wally Pelley	Custodian		Gen Voice Mail
Janet Zatka	Accountant	accounting@sduc.ca	Voice Mail #107
Stephanie Price & Trent Burke	Faith Quest Leader		Voice Mail #110

ST. DAVID'S WEEK AT A GLANCE

Sun. Aug. 26	10:00 am 11:00 am 2:30 pm	Sunday Worship – Sanctuary Refreshments – TM Room Iglesia Ni Cristo Church – Sanctuary & TM Room
Mon. Aug. 27	12:30 pm	Best Beginnings – Robertson Hall
Tues. Aug. 28	6:00 pm	Iglesia Ni Cristo Church of Christ – Sanctuary & TM Room
Wed. Aug. 29	9:30 am	Qigong – TM Room
Thurs. Aug. 30		No events scheduled
Fri. Aug. 31		No events scheduled
Sat. Sept. 1	6:00 pm	True Light Church – Robertson Hall
Sun. Sept. 2	10:00 am 11:00 am 2:30 pm	Sunday Worship – Sanctuary Refreshments – TM Room Iglesia Ni Cristo Church – Sanctuary & TM Room

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BENEVOLENT PANTRY

Over the last few weeks our office has received an influx of requests for assistance from the benevolent pantry. This has depleted our resources and we are once again looking to our congregation to help replenish our pantry.

We are looking for donations of easy to eat, nutritious food for our pantry. Items such as:

- *easy open protein (tuna, chicken etc.),*
- *protein or granola bars,*
- *fruit cups,*
- *apple sauce,*
- *fruit or vegetable juice,*
- *crackers,*
- *nuts, trail mix,*
- *etc.*

If you can help, please drop off donations at the office during business hours or contact Chantal to make alternate arrangements.

We are so grateful for any help you can provide.